Midlife

A Philosophical Guide

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If I am not for myself, who will be for me?
And if I am for myself only, what am I?
And if not now, when?

– Rabbi Hillel

Contents

Introduction
Chapter One: A Brief History of the Midlife Crisis
Chapter Two: Is That All There Is?
Chapter Three: Missing Out
Chapter Four: Retrospection
Chapter Five: Something To Look Forward To
Chapter Six: Living in the Present
Conclusion
Acknowledgements
Index